



Student Registration Form

Full Name: _____ M/F: _____

Date of Birth: _____ Age: _____

Class _____

Emergency Contact Name: _____

Address: _____

Telephone: Home/mobile: _____

Email: _____

In the case of an emergency please provide a second guardian's details:

Known allergies/physical Limitations/Concerns:

Please state which class you wish to attend: AUGUST SUMMER CLUB

Queen Elizabeth Country Park, Mondays: 3-8 year olds, 7th 14th, 21st and 28th August, 10.30-11 am.

Staunton Country Park, Tuesdays: 3-8 year olds, 8th, 15th, 22nd, and 29th at SCP August 10-10.30 am.

If only attending individual dates, please state which days and dates above.

Notes:

Please bring an exercise mat, one per child attending, wear comfortable clothing suitable for moving and stretching, long hair tied back and no loose jewellery. The classes will take place outside, with the provision of undercover shelter. There are toilets available a short walk from class, so please check before you arrive, so as not to miss out on the adventure! Please note a risk assessment has been provided for the venues and the area will be checked and cleared prior to class.

Please bring, own drinks, sunhat, raincoat, sun lotion, and any other provisions you may require, including medication such as EpiPen, insulin etc. A first aid kit and mobile phone is always in situ during the class. The teacher does not have loco parentis.

A register will be kept of those in attendance. The class will begin with a welcome and a brief class 'rules.' Classes are 30 minutes, the attending adult to remain at class for the duration, and are very welcome to join in. The classes are designed to be fun with no pressure to perform, there is no requirement to have previous yoga experience. Each week is a new story telling adventure theme, set to yoga poses, sharing the benefits of yoga with the children in an engaging and enjoyable way, including, yoga games, breathing techniques and age-appropriate mindfulness.

Liability Disclaimer & Notice

I individually (or as parent and or/guardian of the person identified above) hereby acknowledge the following notice and grant to Susan Mitchell Teacher the following:

Liability Release:takes all reasonable care in ensuring that its programmes are safe and fun. However, I agree that my child will be engaging in physical activities that may involve some risk of injury. I acknowledge I have been advised to consult with my or my son/daughter's physician with respect to any past or present injury, illness, health problem or any other condition or medication that may affect their participation in the programme.

I assume the above risks and accept responsibility for any injury sustained and discharge the teacher any liability arising from any injury to myself (or son/daughter) or other persons or property caused by participation in the programme IF that injury is caused either by me or my son/daughter's own fault, or by a third party unconnected with the teacher's provision of services.

Refund Classes: Notification of cancellation of classes must be provided in writing 48hours prior to class. There is a £10-processing fee for refunds if you cancel a series of classes. I understand and agree that I will not receive any refund or credit for missed classes, you may however invite a friend in your place and advise the teacher of this change. If cancellation of a class is due to failure on the part of the teacher I will be entitled to a reasonable refund of the charge for that class.

IF YOU DO NOT UNDERSTAND ANYTHING SET OUT IN THIS FORM PLEASE SPEAK TO YOUR INSTRUCTOR, BEFORE YOU SIGN.

Signature of participant or Parent/Guardian Signature:

_____ Date: _____

Please make payment to confirm booking: Please complete the form and return to info@yoga-for-children.com and I will send you the payment details and confirm your places.

Individual classes £6/child.

Block booking of all 4 weeks at your chosen venue is £5/child. To be paid in full, on receipt of payment the class place is secured.

Book a full 4 week course and receive a FREE gift from me!